

Organization	Serve Pastoralist International (Serve Pastoralist International)			
Project Title	Preventive Nutrition intervention through Promotion of optimal IYCF practices among caregivers of Under five boys, girls and pregnant and lactating women in Afmadow District, Lower Juba Region.			
CHF Code	CHF-DMA-0489-502			
Primary Cluster	Nutrition	Secondary Cluster		
CHF Allocation	Standard Allocation 1 (May 2013)	Project Duration	12 months	
Project Budget	150,786.65			
CAP Details	CAP Code	SOM-13/H/56646/R	CAP Budget	819,851.00
	CAP Project Ranking	A - HIGH	CAP Gender Marker	
Project Beneficiaries		Men	Women	Total
	Beneficiary Summary			
		Boys	Girls	Total
		Total		
	Total beneficiaries include the following:			
	Children under 5	2,255	1,845	4,100
	Pregnant and Lactating Women	0	393	393
Trainers, Promoters, Caretakers, committee members, etc.	25	25	50	
Implementing Partners				
Organization focal point contact details	Name: Kablalah Dubow Abdi Title: Executive Director			
	Telephone: +254788460616 E-mail: serve.pastoralist@yahoo.com			
BACKGROUND INFORMATION				
1. Project rationale. Humanitarian context: Give a specific description of the humanitarian situation in the target region based on newest data available (indicate source) (Maximum of 1500 characters)	<p>The post GU 2012 integrated assessment by FSNAU recorded a GAM rate of 15.8% (11.8-20.7) and 3) and SAM rates of 2.1% (1.0-4.4 among the urban & pastoral populations in Lower Juba region. The major aggravating factor of the persistent critical nutrition situation is sub-optimal child feeding and care practices which have a direct impact on the health and nutritional status of children. An IYCF assessment conducted by UNICEF, FSNAU and partners in Afmadow District in May 2006 shows 38.6% of children 6-24 months were breastfed up to 24 months whereas the proportion of children introduced to other foods before 4 months was at 89.5% in Afmadow .These figures indicate a serious sub-optimal infant & young child feeding practices. This is largely due to strong beliefs and cultural practices, poor health-seeking behaviors coupled with general lack of a supported community cadre of health workers to ensure communication of key messages within communities in Afmadow District. It's against this background and the need to focus on the crucial period in a child's life (Conception -2nd birthday) in which good nutrition and healthy growth has lasting benefit that ServePA targets to improve feeding practices in the selected areas. The improved security situation in the selected areas provides access and acceptance to behavior change programs and opportunities that have lasting effects in the reduction of nutrition related morbidity and mortality through optimal feeding practices.</p>			
2. Needs assessment. Describe the capacities in place, then identify the gaps (previous and new). Explain the specific needs of your target group(s) in detail. State how the needs assessment was conducted (who consulted whom, how and when?). List any baseline data	<p>Rapid MUAC assessments conducted in the three livelihoods identified 9.6 percent, 14.4 percent and 18.7 percent of boys and girls of the pastoral, agro-pastoral and riverine populations respectively as acutely malnourished (MUAC < 12 cm or oedema) (FSNAU Post Deyr 2012/2013 report). These results indicate a sustained likely Very Critical situation among the Riverine and Agro-pastoral population and sustained likely Critical situation among the pastoral population. The nutrition assessments conducted in the livelihood populations of Lower Juba recorded a higher proportion of acutely malnourished boys than girls in the pastoral (17.6% vs. 13.9%) and agro-pastoral (30.9% vs 19.8%) livelihoods (FSNAU Post Gu report). In Afmadow District, 29.1% of boys compared to 18.9% of girls were stunted; and 23.9 of boys as compared to 16% of girls were underweight. There are 4400 acutely malnourished boys and girls in Afmadow District and a further 1800 severely malnourished under five boys and girls (FSNAU Post Deyr 2012/2013). A micronutrient survey by FSNAU in 2009, the prevalence of exclusive breastfeeding among boys and girls in Afmadow district stands at 4.3% and 2.3 respectively. It was also noted in the same survey that men and grandmothers who are strong structures within the Somali social system influence decision making on infant feeding and thus female education is surprisingly important for the nutritional status of children, as is women's power relative to men.</p>			
3. Activities. List and describe the activities that your organization is currently implementing to address these needs	<p>ServePA currently runs a MCH in Afmadow that does active case finding, sensitization and referral of malnourished boys, girls and PLWs to existing nutrition programs in addition to Breastfeeding counselling and promotion for mothers attending MCHs. In May ServePA MCH in Afmadow town had referred 325 boys and 413 girls and 118 PLWs to other IMAM services. In addition ServePA has met with 2 organization implementing IMAM in Afmadow district and agreed with collaboration structure and the need to link preventive and treatment component of malnutrition. ServePA is also currently working on developing monthly IYCF bulletin for Afmadow district where partners can share information and learn from each other.</p>			
LOGICAL FRAMEWORK				
Objective 1	To contribute to reduction of malnutrition and morbidity related to malnutrition among boys and girls U 5 years and PLWs through preventive integrated nutrition interventions in Afmadow District, Lower Juba region.			
Outcome 1	Increased IYCF knowledge and improved IYCF practices among caregivers of 2245 boys and 1845 girls within the community.			

Activity 1.1	Conduct 60 IYCF counselling and promotion sessions for 2201 caregivers (1284 women of child bearing age, 817 men and 100 grandmothers) These will target PLWs with identified individual challenges, men and grandmothers identified as lead decision makers at household.			
Activity 1.2	Identify and train 50 community nutrition workers (CNWs) (25 women and 25 men) and 50 Traditional Birth attendants (TBAs) in the community on optimal IYCF practices, hygiene practices, active case finding and screening			
Activity 1.3	Identify, establish and support of 6 Mother to mother support groups (MTSMGs) consisting of 120 mothers. Mothers will be identified based on the needs and grouped to support one another on IYCF practices.			
Indicators for outcome 1		Cluster	Indicator description	Target
	Indicator 1.1	Nutrition	Number of IYCF promotion sessions held	60
	Indicator 1.2	Nutrition	Number of CNWs and TBAs trained and actively participating in community outreach (IYCF) and Interpersonal counselling sessions (IPCs)	100
	Indicator 1.3	Nutrition	Number of functional mother to mother support groups (MTSMGs) within the community	6
Outcome 2	Enhanced participation of 817 men and 1384 women on decision making on family nutrition and improved knowledge of community members (men, women, youth, elders, IMAMs) in prevention of malnutrition.			
Activity 2.1	Sensitize and mobilize community members (1384 women and 817 men) on their role in family nutrition and sensitize women on the importance of involving men in decision making on family nutrition through community outreach, songs and community meeting.			
Activity 2.2	Compose and broadcast short IYCF radio messages on existing FM radio stations to reach 2201 caregivers (1384 women and 817 men)			
Activity 2.3	Conduct 50 hygiene promotion sessions for 2201 caregivers (1384 women and 817 men).			
Indicators for outcome 2		Cluster	Indicator description	Target
	Indicator 2.1	Nutrition	Number of mothers who received breastfeeding counselling information	1384
	Indicator 2.2	Nutrition	Number of short IYCF messages broadcast on 1 radio stations twice daily for 2 months	120
	Indicator 2.3	Nutrition	Number of hygiene promotion sessions held	50
Outcome 3	Improved IYCF program coordination and inter program linkages among nutrition actors.			
Activity 3.1	Joint training of 50 OTP staffs (25 men & 25 women) and 50 CNW (25 women & 25) on IYCF of integration into IMAM (SFP, OTP and SC)			
Activity 3.2	Conduct joint baseline KAP and end term KAP surveys and evaluations in order to assess feeding practices among boys and girls less than 59 months			
Activity 3.3	Jointly develop monthly IYCF Bulletin that covers beneficiaries (Boys, girls, men and women) reached in the programme and disseminate to 5 partners implementing nutrition programmes in Lower Juba region.			
Indicators for outcome 3		Cluster	Indicator description	Target
	Indicator 3.1	Nutrition	Number of Staff/Community Health Workers/outreach workers trained on the management of acute malnutrition	100
	Indicator 3.2	Nutrition	Number of joint KAP surveys/assessments conducted	2
	Indicator 3.3	Nutrition	Number of IYCF Bulletin developed monthly and disseminated to nutrition partners in Lower Juba	12

WORK PLAN

Project workplan for activities defined in the Logical framework	Activity Description	Month 1-2	Month 3-4	Month 5-6	Month 7-8	Month 9-10	Month 11-12
	Activity 1.1 Conduct 60 IYCF counselling and promotion sessions for 2201 caregivers (1284 women of child bearing age, 817 men and 100 grandmothers) These will target PLWs with identified individual challenges, men and grandmothers identified as lead decision makers at household.	X	X	X	X	X	X
	Activity 1.2 Identify and train 50 community nutrition workers (CNWs) (25 women and 25 men) and 50 Traditional Birth attendants (TBAs) in the community on optimal IYCF practices, hygiene practices, active case finding and screening	X		X			
	Activity 1.3 Identify, establish and support of 6 Mother to mother support groups (MTSMGs) consisting of 120 mothers. Mothers will be identified based on the needs and grouped to support one another on IYCF practices.	X	X	X	X	X	X
	Activity 2.1 Sensitize and mobilize community members (1384 women and 817 men) on their role in family nutrition and sensitize women on the importance of involving men in decision making on family nutrition through community outreach, songs and community meeting.	X	X	X			
	Activity 2.2 Compose and broadcast short IYCF radio messages on existing FM radio stations to reach 2201 caregivers (1384 women and 817 men)			X	X		
	Activity 2.3 Conduct 50 hygiene promotion sessions for 2201 caregivers (1384 women and 817 men).	X	X	X	X	X	X
	Activity 3.1 Joint training of 50 OTP staffs (25 men & 25 women) and 50 CNW (25 women & 25) on IYCF of integration into IMAM (SFP, OTP and SC)	X			X		
	Activity 3.2 Conduct joint baseline KAP and end term KAP surveys and evaluations in order to assess feeding practices among boys and girls less than 59 months	X					X

Activity 3.3 Jointly develop monthly IYCF Bulletin that covers beneficiaries (Boys, girls, men and women) reached in the programme and disseminate to 5 partners implementing nutrition programmes in Lower Juba region.	X	X	X	X	X	X	X	X	X	X	X	X	X
--	---	---	---	---	---	---	---	---	---	---	---	---	---

M & E DETAILS

Activity Description	M & E Tools to use	Means of verification	Month (s) when planned M & E will be done													
			1	2	3	4	5	6	7	8	9	10	11	12		
Activity 1.1 Conduct 60 IYCF counselling and promotion sessions for 2201 caregivers (1284 women of child bearing age, 817 men and 100 grandmothers) These will target PLWs with identified individual challenges, men and grandmothers identified as lead decision makers at household.	- Data collection - Field visits - Survey - Verification	Monthly IYCF reports, Midterm and end term project reports.	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Activity 1.2 Identify and train 50 community nutrition workers (CNWs) (25 women and 25 men) and 50 Traditional Birth attendants (TBAs) in the community on optimal IYCF practices, hygiene practices, active case finding and screening	- Data collection - Field visits - Verification	Training reports, IYCF monthly reports	X							X						
Activity 1.3 Identify, establish and support of 6 Mother to mother support groups (MTSMSGs) consisting of 120 mothers. Mothers will be identified based on the needs and grouped to support one another on IYCF practices.	- Data collection - Field visits - Verification	MTMSG reports and monthly IYCF reports	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Activity 2.1 Sensitize and mobilize community members (1384 women and 817 men) on their role in family nutrition and sensitize women on the importance of involving men in decision making on family nutrition through community outreach, songs and community meeting.	- Data collection - Field visits - Survey - Verification	IYCF monthly reports community mobilization report and community training reports	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Activity 2.2 Compose and broadcast short IYCF radio messages on existing FM radio stations to reach 2201 caregivers (1384 women and 817 men)	- Focus group interview - Verification	IYCF monthly reports								X	X					X
Activity 2.3 Conduct 50 hygiene promotion sessions for 2201 caregivers (1384 women and 817 men).	- Data collection - Field visits - Verification	IYCF monthly reports, Hygiene promotion reports.	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Activity 3.1 Joint training of 50 OTP staffs (25 men & 25 women) and 50 CNW (25 women & 25) on IYCF of integration into IMAM (SFP, OTP and SC)	- Data collection - Verification	Training reports and IYCF coordination meetings	X							X						
Activity 3.2 Conduct joint baseline KAP and end term KAP surveys and evaluations in order to assess feeding practices among boys and girls less than 59 months	- Survey	KAP survey reports	X													X
Activity 3.3 Jointly develop monthly IYCF Bulletin that covers beneficiaries (Boys, girls, men and women) reached in the programme and disseminate to 5 partners implementing nutrition programmes in Lower Juba region.	- Data collection - Field visits	IYCF bulletin documents	X	X	X	X	X	X	X	X	X	X	X	X	X	X

OTHER INFORMATION

Coordination with other Organizations in project area	Organization	Activity
	1. APD	Capacity building of their staff on integration of IYCF into their existing IMAM activities
	2. UNICEF	Submit monthly IYCF and community outreach reports
	3. All organizations implementing Nutrition in Somalia	ServePA will coordinate with all nutrition partners by sharing finding of assessments and update partners on ongoing activities during monthly national cluster meetings
	4. Nutrition cluster	Coordinators
	5. UNICEF	Coordinator
	6. SAF	Capacity building of their staff on integration of IYCF into their existing IMAM activities
	7. WRRS	Capacity building of their staff on integration of IYCF into their existing IMAM activities
Gender theme support	Yes	
Outline how the project supports the gender theme	Serve Pastoralist has integrated gender in the various planned project interventions ensuring all the activities as planned are disaggregated by sex and age from the planning to the output stages. This project will aim at achieving optimal IYCF practices for both boys and girls between the age of 0=59 months, the further advocates for men taking an active role in infant feeding and family decision in addition to increasing the influence of women on decision making in infant feeding. The project considers vulnerability girls to sub-optimal feeding practices and seeks to address this and ensure equality among the boys and girls with regards to infant feeding practices. The project also ensures equal selection of participants for planned capacity building activities and also advocates for training of more women since they are most involved in infant feeding. the project further seeks to ensure that 60% of project staff consist of women and 40% male representation. The project considers the socially construed roles for each gender ensuring that women do not spend so much time in the program at the expense of their other children who are not malnourished. There will be promotion of women in beneficiary groups through mother to mother support and health promotion	
Select (tick) activities that supports the gender theme	<input type="checkbox"/> Activity 1.1: Conduct 60 IYCF counselling and promotion sessions for 2201 caregivers (1284 women of child bearing age, 817 men and 100 grandmothers) These will target PLWs with identified individual challenges, men and grandmothers identified as lead decision makers at household. <input type="checkbox"/> Activity 1.2: Identify and train 50 community nutrition workers (CNWs) (25 women and 25 men) and 50 Traditional Birth attendants (TBAs) in the community on optimal IYCF practices, hygiene practices, active case finding and screening <input type="checkbox"/> Activity 1.3: Identify, establish and support of 6 Mother to mother support groups (MTSMSGs) consisting of 120 mothers. Mothers will be identified	

based on the needs and grouped to support one another on IYCF practices.

Activity 2.1: Sensitize and mobilize community members (1384 women and 817 men) on their role in family nutrition and sensitize women on the importance of involving men in decision making on family nutrition through community outreach, songs and community meeting.

Activity 2.2: Compose and broadcast short IYCF radio messages on existing FM radio stations to reach 2201 caregivers (1384 women and 817 men)

Activity 2.3: Conduct 50 hygiene promotion sessions for 2201 caregivers (1384 women and 817 men).

Activity 3.1: Joint training of 50 OTP staffs (25 men & 25 women) and 50 CNW (25 women & 25) on IYCF of integration into IMAM (SFP, OTP and SC)

Activity 3.2: Conduct joint baseline KAP and end term KAP surveys and evaluations in order to assess feeding practices among boys and girls less than 59 months

Activity 3.3: Jointly develop monthly IYCF Bulletin that covers beneficiaries (Boys, girls, men and women) reached in the programme and disseminate to 5 partners implementing nutrition programmes in Lower Juba region.

BUDGET

1.1 Supplies, commodities, equipment and transport		1.1.1 Supplies (materials and goods)							
Code	Budget Line Description	Unit Cost	Units	Timeframe	Amount(USD)	Organization	CHF	% of CHF Total	
	IEC materials	3620.1	1	1	3,620.10	0.00	3,620.10		
	Tables and chairs	840	1	1	840.00	0.00	840.00		
	Mats (MTMSG)	5	500	1	2,500.00	0.00	2,500.00		
	Posters with IYCF messages (For display in the 6 locations)	100	6	1	600.00	0.00	600.00		
	T-shirts with IYCF messages	8	100	6	4,800.00	0.00	4,800.00		
	Billboards	150	6	1	900.00	0.00	900.00		
Subtotal Supplies					13,260.10	0.00	13,260.10	9.4	
1.1.2 Transport and Storage		Unit Cost	Units	Timeframe	Amount(USD)	Organization	CHF	% of CHF Total	
	Vehicle rental (80*10 days)	800	1	12	9,600.00	0.00	9,600.00		
	Freight and transport	800	1	2	1,600.00	0.00	1,600.00		
	Travel (Flights Nairobi - Somalia)	1000	1	2	2,000.00	0.00	2,000.00		
Subtotal Transport and Storage					13,200.00	0.00	13,200.00	9.4	
1.2 Personnel (staff, consultants, travel and training)		Unit Cost	Units	Timeframe	Amount(USD)	Organization	CHF	% of CHF Total	
1.2.1 International Staff					0.00	0.00	0.00	0.0	
1.2.2 Local Staff					0.00	0.00	0.00	0.0	
1.3 Training of Counterparts		Unit Cost	Units	Timeframe	Amount(USD)	Organization	CHF	% of CHF Total	
	4 days training for 50 CNWs	3004.5	1	2	6,009.00	0.00	6,009.00		
	2 days TBA training 50	2502	1	1	2,502.00	0.00	2,502.00		
	Breastfeeding week	2700	1	1	2,700.00	0.00	2,700.00		
	Training of staff on IYCF integration into IMAM -50	3530.5	1	2	7,061.00	0.00	7,061.00		
	Community training on Nutrition and Health	1000	1	1	1,000.00	0.00	1,000.00		
Subtotal Training of Counterparts					19,272.00	0.00	19,272.00	13.7	
1.4 Contracts (with implementing partners)		Unit Cost	Units	Timeframe	Amount(USD)	Organization	CHF	% of CHF Total	
	Consultancy to carry out (KAP Survey)	7679.75	2	1	15,359.50	0.00	15,359.50		
	Nutrition officer	800	1	12	9,600.00	0.00	9,600.00		
	IYCF promoters	200	6	12	14,400.00	0.00	14,400.00		
	Community health workers	80	50	12	48,000.00	0.00	48,000.00		
Subtotal Contracts					87,359.50	0.00	87,359.50	62.0	

1.5 Other Direct Costs	Code	Budget Line Description	Unit Cost	Units	Timeframe	Amount(USD)	Organization	CHF	% of CHF Total
		Stationary and office materials (See attached B.O.Q)	3030.5	1	1	3,030.50	0.00	3,030.50	
		Rent	200	1	12	2,400.00	0.00	2,400.00	
		Communications	100	1	12	1,200.00	0.00	1,200.00	
		Utilities	50	1	12	600.00	0.00	600.00	
		Bank Transfer Costs	50	1	12	600.00	0.00	600.00	
		Subtotal Other Direct Costs				7,830.50	0.00	7,830.50	5.6

		TOTAL				140,922.10	0.00	140,922.10	
--	--	--------------	--	--	--	------------	------	------------	--

2.0 Indirect Costs						Amount(USD)	Organization	CHF	% of CHF Total
		Indirect Costs				9,864.55	0.00	9,864.55	7.0000
		GRAND TOTAL				150,786.65	0.00	150,786.65	100.0

Other sources of funds

Description	Amount	%
Organization	0.00	0.00
Community	0.00	0.00
CHF	150,786.65	100.00
Other Donors	a) 0.00	
	b) 0.00	
TOTAL	150,786.65	

LOCATIONS

Region	District	Location	Activity	Beneficiary Description	Number	Latitude	Longitude	P.Code
Lower Juba	Afmadow	Dhobley	IYCF counselling and Nutrition promotion	Children U 5 years, PLWs, WCBA and Men	1430	0.40627	41.01238	NA-3716-Q12-001
Lower Juba	Afmadow	Dif	IYCF counselling and Nutrition promotion	Children U 5 years, PLWs, WCBA and Men	700	0.96249	41.06157	NA-3716-A13-001
Lower Juba	Afmadow	Bilis Qooqaani	IYCF counselling and Nutrition promotion	Children U 5 years, PLWs, WCBA and Men	920	0.28189	41.713612	NA-3716-T27-001
Lower Juba	Afmadow	Godaya	IYCF counselling and Nutrition promotion	Children U 5 years, PLWs, WCBA and Men	806	0.72797	41.54273	NA-3716-G23-001
Lower Juba	Afmadow	Tabta	IYCF counselling and Nutrition promotion	Children U 5 years, PLWs, WCBA and Men	645	0.30463	41.43938	NA-3716-S21-001
Lower Juba	Afmadow	Xayo	IYCF counselling and Nutrition promotion	Children U 5 years, PLWs, WCBA and Men	1800	0.43428	41.814461	NA-3716-P29-001
TOTAL					6,301			

DOCUMENTS

Document Description
1. IEC Materials
2. IEC materials
3. ServePA BOQ for Trainings, surveys and stationaries
4. ServePA detailed budget in Excel