PBF June 2024 Project Progress Report

PROJECT OVERVIEW

Thank you for taking the time to complete the PBF Progress report. For projects with more than one recipient, please consult among co-recipients prior to filling out the form to ensure collaboration on the responses. You can generate a print out of the blank form by clicking on the *print* icon on the top right corner of the page. If you have any questions or require technical assistance in filling out the form, please send an email to gabriel.velasteguimoya@un.org

Click Next below to start

» Report Submission

Type of report *

○ Semi-annual

○ Annual

● Final

○ Other

Date of submission of report *

2024-08-27

2024-08-27

Name and Title of Person submitting the report *

Rachel Huang, Grants Manager

Name and Title of Person who approved the report *

Gulmira Torokulova, Central Asia Programme Manager

Have all fund recipients for this project contributed to the report? *

◉ Yes

◯ No

Did PBF Secretariat or RCO focal point review the report? *

If there is no PBF secretariat in country, please select "Not applicable". If there is a PBF secretariat, you should normally ensure that they have an opportunity to review.

◉ Yes

◯ No

◯ Not Applicable

» Project Information and Geographical Scope

Is this a cross-border project? *

◯ Yes ◉ No

Please select the geographical region in which the project is implemented

◯ Asia and the Pacific ◯ Central & Southern Africa ◯ East Africa

◉ Europe and Central Asia ◯ Global ◯ Latin America and the Caribean

◯ Middle East and North Africa ◯ West Africa

Country of project implementation *

◯ Albania ◯ Bosnia and Herzegovina ◯ Kosovo (As per UNSCR 1244)

◉ Kyrgyzstan ◯ Moldova ◯ Montenegro

◯ North Macedonia ◯ Serbia ◯ Tajikistan

◯ Uzbekistan ◯ Other, Specify

Other, please specify *

Project Title *

◯ 00129739: Inclusive governance and shared identity for sustainable peace and development

◉ 00130462: Supporting young people's peacebuilding participation in Kyrgyzstan: integrating a youth-led mental health and psychosocial support (MHPSS) approach

◯ 00134228: PBF Secretariat Support to Joint Steering Committee and PRF projects

◯ 00140010: Strengthening national capacities for conflict prevention and peacebuilding

◯ 00140074: Blossoming Aigul - Capacitated Women Civil Society Organizations sustaining peace in Kyrgyzstan

◯ Other, Specify

Write the 8 digit MPTFO number and Project Title exactly as it appears in the Project Document *

EXAMPLE: 00118938: Community-based prevention of violence and social cohesion using innovation for young people in displaced and host communities

Please select the geographical region(s) in which the project is implemented *

If the project you are looking for does not appear in the following question, please make sure that you have selected the correct regions. A limited number of cross border projects span multiple geographic regions. For example, a cross border project between Niger and Chad spans both West Africa and Central & Southern Africa

- [ ] Asia and the Pacific
- [ ] Central & Southern Africa
- [ ] East Africa
- [ ] Europe and Central Asia
- [ ] Global
- [ ] Latin America and the Caribean
- [ ] Middle East and North Africa
- [ ] West Africa

Please select the title of the project for which you are submitting the report *

Write the 8 digit MPTFO numbers and Project Title exactly as it appears in the Project Document *

EXAMPLE: 00129699/700: Supporting Cross-Border Cooperation for Increased Community Resilience and Social Cohesion in The Gambia and Senegal

Please select the countries where this project is being implemented *

Other, Please specify *

Project Start Date (Date of first transfer) *

2022-02-18

2022-02-18

Project End Date *

2023-08-10

2023-08-10

Has this project received an extension? *

- ( ) YES, Cost Extension
- ( ) YES, No Cost Extension
- ( ) YES, Both Cost and No Cost Extensions
- (•) NO, No Extensions

Will this project be requesting an extension? *

- ( ) YES, Cost Extension
- ( ) YES, No Cost Extension
- ( ) YES, Both Cost and No Cost Extensions
- (•) NO, No Extensions

Is the current project end date within 6 months?   *

(●) Yes

( ) No

Is funding disbursed either into a national or regional trust fund?   *

( ) Yes

(●) No

If yes, please select which   *

( ) National Trust Fund

( ) Regional Trust Fund

Recipients

Is the convening agency a UN agency or a non UN entity? *

- ◯ UN entity
- ⦿ Non-UN Entity

Please select the convening agency recipient *

- ◯ ACTED
- ◯ Action Aid
- ◯ AEDE
- ◯ African Centre for the Constructive Resolution of Disputes (ACCORD)
- ◯ Agence de Coopération et de Recherche pour le Développement (ACORD)
- ◯ American Friends Service Committee (AFSC)
- ◯ Avocats Sans Frontières
- ◯ Avocats Sans Frontières Belgium
- ◯ Avocats sans frontières Canada
- ◯ CARE International UK
- ◯ Centre d'étude et de coopération internationale (CECI) - BF
- ◯ Christian Aid Ireland
- ◯ COIPRODEN
- ◯ Concern Worldwide
- ◯ Conexion Guatemala
- ◯ COOPI - Cooperazione Internazionale
- ◯ CORD Burundi
- ◯ CORDAID
- ◯ Corporacion Sisma Mujer
- ◯ CRS - Catholic Relief Services
- ◯ DanChurchAid
- ◯ Fund for Congolese Women
- ◯ Fundacion Estudios Superior (FESU)
- ◯ Fundación Mi Sangre (FMS)
- ◯ Fundación Nacional para el Desarrollo de Honduras (FUNADEH)
- ◯ Fundación para la Libertad de Prensa (FLIP)
- ◯ HELVETAS Swiss Intercooperation
- ◯ Humanity & Inclusion (HI)
- ◯ ICTJ (International Center for Transitional Justice)
- ◯ Instituto Holandes para Democracia Multipartidaria (NIMD)
- ◯ Integrity Watch
- ◯ International Alert
- ◯ International Rescue Committee
- ◯ Interpeace
- ◯ Kvinna till Kvinna Foundation
- ◯ Life and Peace Institute (LPI)
- ◯ MDG-EISA - Institut Electoral pour une Démocratie Durable en Afrique (EISA), bureau de Madagascar
- ◯ Mercy Corps
- ◯ MLAL - ProgettoMondo
- ◯ MSIS-TATAO
- ◯ NIMD (Netherlands Institute for Multiparty Democracy)
- ◯ Norwegian Refugee Council (NRC)
- ◯ ONG Adkoul - ONG Adkoul
- ◯ ONG AZHAR
- ◯ OXFAM
- ◯ Peace Direct
- ◯ Plan International
- ◯ PNG UN Country Fund
- ◯ Red de Instituciones por los Derechos de la Niñez
- ◯ ROI - Roza Otunbayeva Initiati
- ⦿ Saferworld
- ◯ Sampan'Asa Momba ny Fampandrosoana (SAF/FJKM)
- ◯ Save the Children
- ◯ Search for Common Ground (SFCG)
- ◯ SismaMujer
- ◯ SOS Sahel Sudan
- ◯ Stichting Impunity Watch
- ◯ Tearfund
- ◯ The Carter Center, Inc.
- ◯ Trocaire
- ◯ War Child
- ◯ World Vision International
- ◯ World Vision Myanmar
- ◯ ZOA
- ◯ blank_placeholder
- ◯ Other, Please specify

Other, Please specify *

_____

Are there other recipients for this project? *

○ No other recipients

○ Yes, other UN recipients only

◉ Yes, other non-UN recipients only

○ Yes, both UN and non-UN recipients

Please select other UN recipients *

Select all that apply

☐ UNDP: United Nations Development Programme   ☐ IOM: International Organization for Migration

☐ UNICEF: United Nations Children's Fund

☐ OHCHR: Office of the United Nations High Commissioner for Human Rights

☐ UNWOMEN: United Nations Entity for Gender Equality and the Empowerment of Women

☐ UNHCR: United Nations High Commissioner for Refugees   ☐ UNFPA: United Nations Population Fund

☐ FAO: Food and Agriculture Organization   ☐ WFP: World Food Programme

☐ UNHABITAT: United Nations Human Settlements Programme

☐ UNESCO: United Nations Educational, Scientific and Cultural Organization

☐ UNEP: United Nations Environment Programme   ☐ ILO: International Labour Organization

☐ WHO: World Health Organization   ☐ PAHO/WHO

☐ UNCDF: United Nations Capital Development Fund   ☐ UNODC: United Nations Office on Drugs and Crime

☐ UNOPS: United Nations Office for Project Services

☐ UNIDO: United Nations Industrial Development Organization   ☐ ITC: International Trade Centre

☐ UN Department of Peace Operations   ☐ Other, Specify

Other, Please specify *

....

Please select other non-UN recipients *

- [ ] ACTED
- [ ] Action Aid
- [ ] AEDE
- [ ] African Centre for the Constructive Resolution of Disputes (ACCORD)
- [ ] Agence de Coopération et de Recherche pour le Développement (ACORD)
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- [ ] Trocaire
- [ ] War Child
- [ ] World Vision International
- [ ] World Vision Myanmar
- [ ] ZOA
- [ ] blank_placeholder
- [x] Other, Please specify

Other, Please specify *

Public Foundation 'Institute for Youth Development Foundation' (IYD), Peace Initiatives Association, Демилгелуу ишкер аялдар (DIA), Association of Businesswomen Entrepreneurs Foundation

Implementing Partners

To how many implementing partners has the project transferred money to date?

3

Please list all of the project's implementing partners and the amounts (in USD) transferred to each to date

Please select the type of organisation which best describes the type of implementing partner   *

○ National youth CSO

○ National women's CSO

○ Other National CSO

● Subnational youth CSO

○ Subnational women's CSO

○ Other subnational CSO

○ Regional CSO

○ Regional Organisation

○ International NGO

○ Governmental entity

○ Other

Other, Please specify

What is the name of the Implementing Partner   *

Public Foundation 'Institute for Youth Development Foundation' (IYD)

What is the total amount (in USD) disbursed to the implementing partner to date during this reporting period   *

98243.67

Briefly describe the main activities carried out by the Implementing Partner   *

Please limit your response to 1500 characters

The Institute for Youth Development (IYD) collaborated with Saferworld and partner organizations in various project aspects. This included aiding in the creation and distribution of a baseline survey, mentor selection and training, and handling logistical tasks for self-support groups.

IYD also produced podcasts addressing youth mental health, featuring psychologists and young speakers. They created videos highlighting parent-child relationships as a mental health priority.
IYD worked with expert working group arranging meetings and discussions that resulted in a short briefing with recommendations on youth mental health.
IYD supervised informational campaigns of mentors in Chuy, Yssyk-Kul regions, and Bishkek. Jointly with Saferworld and other partner organizations, they organized project-closing events - a mental health youth forum and a roundtable with experts, state, and civil society representatives.

IYD aided Saferworld in hosting quarterly mentor exchange meetings.

2

Please list all of the project's implementing partners and the amounts (in USD) transferred to each to date

Please select the type of organisation which best describes the type of implementing partner *

- ◯ National youth CSO
- ◯ National women's CSO
- ◯ Other National CSO
- ◯ Subnational youth CSO
- ◯ Subnational women's CSO
- ⦿ Other subnational CSO
- ◯ Regional CSO
- ◯ Regional Organisation
- ◯ International NGO
- ◯ Governmental entity
- ◯ Other

Other, Please specify

What is the name of the Implementing Partner *

Peace Initiatives Association

What is the total amount (in USD) disbursed to the implementing partner to date during this reporting period *

79262.66

Briefly describe the main activities carried out by the Implementing Partner *

Please limit your response to 1500 characters

Peace Initiatives provided support in developing and disseminating the baseline research survey, in selecting of mentors, logistical and administrative support for self-support group discussions, exchange meetings with mentors, and closing events of the project.

Peace Initiatives provided support for mentors in designing and implementing action-plans and awareness campaigns in Batken and Osh provinces, and in Osh city.

Peace Initiatives also supported partners in implementing activities related to the expert working group and round tables of expert working groups.

Peace Initiatives organized mental health discussions with young people in Osh and Batken inviting psychologists and other guest speakers.

Peace Initiatives carried out mental health training for members of the self-support groups in Osh and Batken, where participants learned about the method of group therapy, specifically the method of working within the self-support groups.

3

Please list all of the project's implementing partners and the amounts (in USD) transferred to each to date

Please select the type of organisation which best describes the type of implementing partner *

○ National youth CSO

○ National women's CSO

○ Other National CSO

○ Subnational youth CSO

● Subnational women's CSO

○ Other subnational CSO

○ Regional CSO

○ Regional Organisation

○ International NGO

○ Governmental entity

○ Other

Other, Please specify

What is the name of the Implementing Partner *

Демилгелуу ишкер аялдар (DIA), Association of Businesswomen Entrepreneurs Foundation

What is the total amount (in USD) disbursed to the implementing partner to date during this reporting period *

196960.04

Briefly describe the main activities carried out by the Implementing Partner *

Please limit your response to 1500 characters

DIA took on the responsibility of designing and executing the baseline assessment to identify the mental health needs of young women and men across six target locations. They also summarized the analysis of the baseline assessment and were in charge of developing a training methodology on mental health, and selecting and training selected mentors.

DIA conducted six informative online sessions, ensuring anonymity, covering topics of conflict and mental health. They played a pivotal role in establishing 15 self-support groups, coordinating meetings, and providing monthly supervision with psychologists.

DIA, along with other partners, provided support for activities related to the expert working group, the development and implementation of self-support groups' action plans, and facilitated mentor experience exchange meetings.

In July 2023, DIA organized a mentor exchange involving local government members, experts, and civic activists from Uzbekistan who focus on domestic violence prevention. Additionally, in June, DIA conducted a series of training sessions for social workers, equipping them with methodologies to effectively work with self-support groups and conduct basic psychotherapeutic sessions.

Financial Reporting

» Delivery by Recipient

Please enter the total amounts in full US dollars allocated to each recipient organization

Please enter the original budget amount, amount transferred to date and estimated expenditure by recipient.

*Please make sure you enter the correct amount. All values should be entered in **US Dollars***

For cross-border projects, group the amounts by agency, even if different country offices are involved. You will have the opportunity to share a more detailed budget in the next section.

Recipients	Total Project Budget (in full US $) *Please enter the total budget as is in the project document in US Dollars*	Transfers to date (in full US $) *Please enter the total amount transferred to each recipient to date in US Dollars*	Expenditure to date (in full US $) *Please enter the approximate amount spent to date in US dollars*	Implementation rate as a percentage of total budget *(calculated automatically)*
Saferworld	* 599732.22	* 599732.22	* 599701.44	99.99%
	*	*	*	%
	*	*	*	%
	*	*	*	%
	*	*	*	%
	*	*	*	%
	*	*	*	%
	*	*	*	%

	*	*	*	%
....	....	....	....	....
Other, Please specify	*	*	*	NaN%
....	....	....	....	....
	*	*	*	%
....	....	....	....	....
	*	*	*	%
....	....	....	....	....
	*	*	*	%
....	....	....	....	....
	*	*	*	%
....	....	....	....	....
	*	*	*	%
....	....	....	....	....

	*	*	*	%
Public Foundation 'Institute for Youth Development Foundation' (IYD), Peace Initiatives Association, Демилгелуу ишкер аялдар (DIA), Association of Businesswomen Entrepreneurs Foundation				
TOTAL	**599732.22**	**599732.22**	**599701.44**	**99.99%**

The approximate implementation rate as percentage of total project budget based on the values entered in the above matrix is **99.99%**. Can you confirm that this is correct? *

◉ Correct   ◯ Incorrect

If it is incorrect, please enter the approximate implementation rate as a % *

» Gender-responsive Budgeting

Indicate what **percentage (%)** of the budget contributes to gender equality or women's empowerment (GEWE) as per the project document?   *

58.34

The dollar amount of the budget contributing to Gender Equality and Women's Empowerment (GEWE) based on percentage entered above and total project budget is **US $ 349883.78**. Can you confirm that this is correct?   *

○ Correct   ◉ Incorrect

If it is incorrect, please enter the *budget amount* allocated to GEWE in US Dollars   *

349898.07

Amount expended to date on efforts contributiong to gender equality or women's empowerment is **US $ 349865.82**. Is this correct?   *

○ Correct   ◉ Incorrect

If it is incorrect, please enter the *expenditure to date* on GEWE in US dollars   *

328504.95

ATTACH PROJECT EXCEL BUDGET SHOWING CURRENT APPROXIMATE EXPENDITURE.   *
The templates for the budget are available here

Revised_FINAL_K007_UN PBF final financial report August 2023-16_53_25.xlsx   ⬇

Project Markers

Please select the Gender Marker Associated with this project   *

○ Score 1 for projects that contribute in some way to gender equality, but not significantly (less than 30% of the total budget for GEWE)

◉ Score 2 for projects that have gender equality as a significant objective and allocate between 30 and 79% of the total project budget to GEWE

○ Score 3 for projects that have gender equality as a principal objective and allocate at least 80% of the total project budget to Gender Equality and Women's Empowerment (GEWE)

Please select the Risk Marker Associated with this project   *

○ Risk marker 0 = low risk to achieving outcomes

◉ Risk marker 1 = medium risk to achieving outcomes

○ Risk marker 2 = high risk to achieving outcomes

Please select the PBF Focus Area associated with this project *

○ (1.1) Security Sector Reform

○ (1.2) Rule of Law

○ (1.3) Demobilisation, Disarmament and Reintegration

○ (1.4) Political Dialogue

○ (2.1) National reconciliation

○ (2.2) Democratic Governance

◉ (2.3) Conflict prevention/management

○ (3.1) Employment

○ (3.2) Equitable access to social services

○ (4.1) Strengthening of essential national state capacity

○ (4.2) Extension of state authority/Local Administration

○ (4.3) Governance of peacebuilding resources (including PBF Secretariats)

Is the project part of one or more PBF priority windows? *

Select all that apply

☐ Gender promotion initiative

☑ Youth promotion initiative

☐ Transition from UN or regional peacekeeping or special political missions

☐ Cross-border or regional project

☐ None

Steering Committee and Government engagement

Does the project have an active steering committee/ project board? *

◉ Yes

○ No

If yes, please indicate how many times the Project Steering Committee has met over the last 6 months?

Please limit your response to 3000 characters

The Joint Steering Committee has met once on 8 February 2023.

Please provide a brief description of any engagement that the project has had with the government over the last 6 months. Please indicate what level of government the project has been engaging with. *

Please limit your response to 3000 characters

On July 14, 2023, the National Roundtable session took place where the government institutions (Ministry of Education and Science, Ministry of Health, Ministry of Internal Affairs, Ministry of Culture, Information, Sports and Youth Policy, Ministry of Labour, Social Security and Migration) gathered to discuss MHPSS services for young people in Kyrgyzstan as well as to learn about the project's lessons learned, recommendations, and consider the briefing produced within the project. Saferworld also participated in the week-long workshop on developing indicators and tools for the strategic monitoring framework of the PBF Secretariat.

PART I: OVERALL PROJECT PROGRESS

NOTES FOR COMPLETING THE REPORT:

- Avoid acronyms and UN jargon, use general /common language.
- Report on what has been achieved in the reporting period, not what the project aims to do.
- Be as concrete as possible. Avoid theoretical, vague or conceptual discourse.
- Ensure the analysis and project progress assessment is gender and age sensitive.

Please rate the implementation status of the following preliminary/preparatory activities

Contracting of partners *

○ Not Started   ○ Initiated   ○ Partially Completed

◉ Completed   ○ Not Applicable

Staff Recruitment *

○ Not Started   ○ Initiated   ○ Partially Completed

◉ Completed   ○ Not Applicable

Collection of baselines *

○ Not Started   ○ Initiated   ○ Partially Completed

◉ Completed   ○ Not Applicable

Identification of beneficiaries *

○ Not Started   ○ Initiated   ○ Partially Completed

◉ Completed   ○ Not Applicable

Provide any additional descriptive information relating to the status of the project, including whether preliminary/preparatory activities have been completed (i.e. contracting of partners, staff recruitment, etc.) *

Please limit your response to 3000 characters

The project accomplished its objectives through various activities. Initially, a baseline assessment identified youth mental health needs, leading to the development of online webinars and podcasts. These initiatives aimed to raise awareness and share vital mental health information for young people.

The second phase focused on selecting and training mentors. A total of 29 mentors, comprising 20 females and 9 males, were chosen and trained in mental health. Subsequently, 17 mentors established 15 self-support groups, conducting 410 sessions with 2029 participants, predominantly aged 16-28, addressing mental health concerns.

The third aspect targeted youth participation in peacebuilding and advocated for mental health priorities. Mentors organized 12 awareness campaigns, engaging 1,323 participants. Quarterly experience exchange meetings and a National Youth Forum on mental health provided platforms for learning, collaboration, and issue resolution. An expert working group presented an advocacy briefing at a national roundtable, while training sessions were conducted for social workers and local officials.

Furthermore, the project facilitated an exchange meeting between mentors and Uzbekistani activists and psychologists. Youth Forums in Osh and Batken encouraged open discussions on youth mental health and personal development

Describe overall progress under each Outcome made during the reporting period (for June reports: January-June; for November reports: January-November; for final reports: full project duration). Do not list individual activities. If the project is starting to make/has made a difference at the outcome level, provide specific evidence for the progress (quantitative and qualitative) and explain how it impacts the broader political and peacebuilding context.

Is the project on track for the timely completion of outputs as indicated in the workplan? *

- (●) Yes
- ( ) No

If no, please provide an explanation *

Please limit your response to 6000 characters

Project progress summary

Please limit your response to 6000 characters

The project has contributed to structural, institutional, and societal level changes aligned with its main goal of improving young people's meaningful participation in community decision-making and peacebuilding by addressing psycho-social barriers, transforming harmful gender norms, and addressing mental health concerns.

The project introduced innovative platforms, such as Kyrgyz language podcasts, to engage a new audience of 778 in open dialogues about mental health, who previously had very limited access to information on this issue. These podcasts covered topics such as domestic violence, psychological traumas, family relationships, burnout, body positivity, bullying, gender norms related to young women, social expectations, and how to support close ones. This represents a structural change in how information is disseminated, fostering dialogue and significantly increasing access to information about mental health. This structural shift enhances the project's ability to engage a wider audience.

Additionally, the project has contributed to the integration of MHPSS services into peacebuilding by addressing stigma around mental health (especially through small grant provision) and advocating for improved services and focus on the linkages between MHPSS and peacebuilding (through exchanges and roundtables). For example, one outreach campaign in the Osh region supported young women to manage anxiety and stress and challenge harmful gender norms with the support of psychologists. These 43 women met with successful female entrepreneurs and activists and engaged them as future mentors for their personal and professional plans. The mentors also shared the importance of MHPSS in dealing with gender related issues through the live broadcast of "Kutman tan". This structural change ensures that mental health is recognized as an integral component of peacebuilding efforts, as demonstrated during the Yntymak Week (Peace Week) organized by Peacebuilding Hub in Kyrgyzstan, when the team hosted the session on the importance of mental health and trauma-sensitivity for peacebuilding.

The self-support groups are continuing activities in 5 local communities and 2 universities in Osh and Batken beyond the project on the initiatives of local self-governments and community members. The established referral mechanisms and coordination between various local actors including municipal authorities, police, and community members, signifies an institutional shift in recognising youth mental health as an essential ingredient for more peaceful and stable communities, and increasing entry points for addressing MHPSS among youth. As a result of this improved coordination, five women were referred to shelters, four individuals received psychiatric consultations, two group members sought consultations with a lawyer, four women participated in personal growth training, 40 individuals underwent individual counselling sessions, and one woman sought assistance from social services regarding family issues. These mechanisms enabled individuals, especially women facing domestic abuse and violence, to access tailored support and therapy, fostering a safer environment.

The project has successfully challenged stereotypes surrounding mental health and MHPSS services, and encouraged open dialogue and discussions about issues that previously hindered meaningful community participation, contributing to a societal change. Young people now view these services as effective in overcoming their concerns and taking an active role in their communities. This institutional change promotes the accessibility and acceptance of mental health support. Local Crime Prevention Centers in Osh, Batken and Yssyk-Kul have also adopted MHPSS services into their long-term crime prevention plans, which institutionalizes mental health support as an essential component of community safety.

*

Indicate any additional analysis on how Gender Equality and Women's Empowerment and/or Youth Inclusion and Responsiveness has been ensured by the project to date

Please limit your response to 3000 characters

Around 75% of baseline research respondents were young women, ensuring a gender-balanced representation and tailoring the project's findings and interventions to women's unique concerns. The baseline report highlighted domestic violence as a significant source of psychological trauma, raising awareness about the impact of gender-based violence on mental health. The baseline research also focused on young people, with approximately 60% of respondents aged under 29 years. This ensured that interventions were relevant to young people's concerns. The project also demonstrated responsiveness to young people's needs by using podcasts and webinars as flexible, accessible channels for disseminating information. This approach aligned with young individuals' preferences, enabling them to engage in discussions and access support on their terms.

The establishment of self-support groups tailored to address gender-specific issues, such as supporting survivors of domestic violence and challenging harmful gender norms, demonstrates a strong commitment to addressing the unique needs of women and young girls. Providing a safe and supportive space within these groups empowered women to openly discuss their challenges, access necessary support, and learn from one another's experiences. With 1,790 women actively participating in the sessions, the project also ensured that women had access to the resources and support required for addressing mental health challenges. The formation of self-support groups addressing a wide range of topics relevant to youth, also demonstrated responsiveness to the specific challenges faced by young people and created peer-to-peer support networks for young participants to interact and learn from one another. Moreover, the emphasis on referrals to various services, including law enforcement and psychiatrists, ensured that young individuals received the necessary guidance and support, enhancing their psychological well-being.

The project ensured a balanced representation of mentors, with 12 female mentors and 7 male mentors. This approach promotes gender equality and empowers both women and men in addressing mental health issues and advocating for youth- and gender-sensitive approaches. The outreach campaigns addressed the mental health needs of both young women and men by targeting diverse gender and age groups, catering to the specific challenges faced by women and men, fostering gender equality and youth responsiveness. Youth mental health forums actively engaged young women and men in discussions on various topics, including gender-related barriers, higher education, psychological well-being, and emotional intelligence. These forums ensured that the voices of young people were heard and their concerns addressed, promoting youth inclusion and responsiveness.

The inclusive national roundtable event brought together a diverse range of stakeholders, fostering discussions on youth mental health issues and potential solutions. By facilitating interactions among decision-makers, civil society, and youth, this event contributed to ensuring youth inclusion and responsiveness in shaping mental health policies and strategies.

Is the project 1+ year in implementation?   *

- ◉ Yes
- ○ No

FOR PROJECTS 1+ YEAR IN IMPLEMENTATION ONLY:

Is the project demonstrating outcome-level peacebuilding results?   *

Outcome-level peacebuilding results entail results achieved at the societal or structural level, including changed attitudes, behaviours or institutions.

- ◉ Yes
- ○ No

If yes, please provide concrete examples of such peacebuilding results *

Please limit your response to 6000 characters

Under Outcome 1, the project made substantial progress in supporting the team to research the MHPSS needs of young people, and equipped the project team and stakeholders with the knowledge and skills to address these concerns effectively. By demonstrating the link between mental health and peacebuilding and implementing innovative approaches, the project contributes to a broader context of mental well-being and conflict prevention.

The project conducted a comprehensive baseline report that analyzed the mental health concerns of young people. The survey revealed that domestic violence, bullying, and the death of close ones were significant sources of psychological trauma. These findings created awareness about the prevalent mental health issues among young people. The project also made substantial progress in improving the knowledge and awareness of Saferworld and implementing partner staff, with 84.7% of staff reporting enhanced understanding of young people's mental health needs. This improvement has equipped the project team with the skills necessary for future research, programs, and advocacy efforts.

The partner organizations are now also equipped to identify and integrate youth MHPSS needs into their programming. IYD, who focus on civic activism and youth political participation, now prioritize youth mental health in their strategic planning after recognizing that youth participation in decision-making cannot be improved without resolving youth MHPSS needs. They will also continue some of their MHPSS media activities beyond the project, with a third podcast season released in September 2023.

DIA now promotes the self-support group methodology and includes young people in their work on women's issues and gender-based violence. This stems from the finding that young people lack safe platforms to discuss personal problems, due to bullying concerns and a lack of openness among adults. In addition, in cooperation with DIA, the Osh Regional Center for Psychiatry and Narcology will facilitate self-support groups involving relatives and friends of young people with mental illness. This is important for peacebuilding as it contributes to reducing discrimination against and marginalization of this demographic and their communities.

Finally, Batken-based Peace Initiatives has educated mentors to support communities affected by the cross-border conflict and facing post-traumatic challenges.

Under Outcome 2, 29 mentors were recruited and trained on key concepts such as conflict and gender sensitivity, fundamental psychology, and methodological strategies for working within self-support groups. The mentors then consulted with local authorities and communities, leading to the establishment of 15 self-support groups. These groups were thoughtfully designed to address the diverse psychological and social challenges experienced by young women and men.

Within these self-support groups, psychologists provided professional consultations and crucial guidance to those in need. Equally important was their facilitation of referrals to other services, such as law enforcement, shelters, psychiatrists, and legal counsel. These referrals underscore the project's dedication to addressing multifaceted challenges, ensuring that individuals receive the appropriate support and guidance for their psychological well-being. The project's outreach is evident through the 410 self-support group sessions conducted from September 2022 to June 2023. These sessions engaged 2,029 participants, with a strong emphasis on the inclusion of women, as 1,790 women actively participated.

The establishment of self-support groups as peer-to-peer support networks, referral mechanisms, and platforms for learning and collaborative peacebuilding is a significant accomplishment, especially considering that this was the first mental health initiative in many communities, especially of marginalized groups. These groups contribute to broader peace and security concerns by recognizing the interconnection between mental health and conflict resolution, and giving opportunities to take concrete action through the action plans. Many participants cited the groups as particularly eye-opening, and helped them form greater connections in their communities for ongoing peer support. Many young mentors also found the trainings and facilitation experience particularly useful, helping them consider different career paths or increasing their understanding of different societal perspectives. Local authorities in Osh and Batken have also requested training on the methodology to ensure sustainability of the self-support groups.

Key achievements in Outcome 3:

The expert working group, consisting of various stakeholders, collectively advocated for addressing mental health issues in Kyrgyz Republic. They conducted a series of productive sessions, producing a comprehensive briefing with recommendations. These recommendations covered multiple levels, from state policies to societal awareness.

Quarterly meetings significantly improved the capacity of 19 mentors, enhancing their skills and facilitating experience sharing. The incorporation of the Outcome Harvesting methodology in training led to effective monitoring and evaluation, empowering mentors in their peacebuilding efforts related to mental health.

The project executed 12 successful outreach campaigns, reaching 1,323 participants, effectively engaging young men and women from diverse regions. The campaigns were tailored to address specific mental health needs based on gender and age groups, aligning with the project's objectives and empowering youth-led self-support groups.

Youth forums conducted in various regions generated substantial interest, actively engaging over 300 participants in Batken and Osh, and 156 in Bishkek. These forums provided a platform for discussing mental health-related topics, indicating the potential for youth-led advocacy and promotion of gender-sensitive approaches.

The national roundtable event effectively informed stakeholders about the project's achievements and presented briefing with recommendations, fostering discussions on youth mental health issues and innovative solutions.

If yes, please provide sources or references (including links) as evidence of peacebuilding results, or submit them as additional attachments.

Evidence may be quantitative or qualitative but needs to demonstrate progress against outcome indicators in the project results framework. Sources may include project surveys (such as perception surveys), monitoring reports, government documents, or other knowledge products that have been developed by the project.

File attachment

Click here to upload file. (< 10MB)

PART II: PROJECT RESULTS FRAMEWORK

How many OUTCOMES does this project have   *

1   2   **3**   4   5   more than 5.

Please write out the project outcomes as they are in the project results framework found in the project document

Outcome 1:   *

Youth- and women-led CSOs are supported to research the MHPSS needs of young people in the selected locations, increasing the knowledge base for more effective programming responses and advocacy

Outcome 2:   *

Young women and men will have greater access to MHPSS support and referral pathways through gender-sensitive self-support groups and increased capacity of mentors and psychologists, through a survivor-centered approach.

Outcome 3: *

Youth-led self-support groups and their mentors have increased capacity to address mental health issues, participate in decision making and peacebuilding responses in their communities and advocate with authorities for more youth- and gender-sensitive approaches to mental health and other peace and security priorities of young people.

Outcome 4: *

Outcome 5: *

Outcome 6: *

Outcome 7: *

Outcome 8: *

Additional Outcomes *

If the project has more than 8 outcomes, please enumerate the remaining outcomes here

INDICATOR BASED PERFORMANCE ASSESSMENT

Using the Project Results Framework as per the approved project document or any amendments, provide an update on the achievement of key **outcome** and **output** indicators in the table below.

- If the outcome has more than 3 indicators, select the 3 most relevant ones with most relevant progress to highlight.
- If the outcome has more than 5 outputs, please select 5 of the most relevant outputs per outcome, and provide an update on the progress made against 3 most relevant output indicators.
- Where it has not been possible to collect data on indicators, state this and provide any explanation. Provide gender and age disaggregated data. (500 characters max per entry)

» Outcome 1: Youth- and women-led CSOs are supported to research the MHPSS needs of young people in the selected locations, increasing the knowledge base for more effective programming responses and advocacy

Outcome 1	Performance Indicators	Indicator Baseline	End of Project Indicator Target	Current Indicator progress	Reasons for Variance/ Delay (if any)
1.1	**Percentage of Saferworld and partner staff surveyed who report an increase in their level of knowledge related to the MHPSS needs of young people**	**0**	**80%**	**84.7% of which 77% are women**	
1.2					
1.3					

How many outputs does outcome 1 have?
1 2 3 [4] 5 more than 5.

Please list up to 5 of most relevant outputs for outcome 1

Output 1.1
Baseline assessment to map out and identify mental health needs of 900 young women and men from six target locations (Bishkek/Osh cities, Osh, Batken, Chui, Issyk-Kul provinces)

Output 1.2
Summary document incorporating main analysis and findings from the baseline assessment, including overall picture and location-specific context analysis serves as basis for formation of self-support groups.

Output 1.3
Criteria for the selection of mentors and methodology for self-support groups is developed

Output 1.4
Six online anonymous information/outreach sessions on conflict and mental health are made available to young men and women, using digital resources.

Output 1.5

Other Outputs

If Outcome 1 has more than 5 outputs, please enumerate the remaining outputs here

For each output, and using the, project results framework, provide an update on the progress made against 3 most relevant output indicators

» Output 1.1

Output 1.1: Baseline assessment to map out and identify mental health needs of 900 young women and men from six target locations (Bishkek/ Osh cities, Osh, Batken, Chui, Issyk-Kul provinces)	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
1.1.1	**Number of young women and men participating in baseline assessment**	**0**	**900 (150 per location) youth aged 16-28**	**0**	**684 youth aged 16-29, 219 ppl aged 30-39, in total 903**	**Snowball sampling did not allow control of the age and geographic background of respondents**
1.1.2						

1.1.3						

» Output 1.2

Output 1.2: Summary document incorporating main analysis and findings from the baseline assessment, including overall picture and location-specific context analysis serves as basis for formation of self-support groups.	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
1.2.1	**Number of baseline assessment reports produced**	0	1	0	1	
1.2.2						
1.2.3						

» Output 1.3

Output 1.3: Criteria for the selection of mentors and methodology for self-support groups is developed	Performance Indicators _Describe the indicator_	Indicator Baseline _State the baseline value of the indicator_	End of Project Indicator Target _State the target value of the indicator at the end of the project_	Indicator progress for reporting period _State the current value of the indicator for the reporting period_	Indicator progress to date _State the current cummulative value of the indicator since the start of the project_	Reasons for Variance / Delay (if any) _Explain why the indicator is off track or has changed, where relevant_
1.3.1	**Criteria for mentor selection and self-support group methodology is developed**	**No**	**Yes**		**Yes**	
1.3.2						
1.3.3						

» Output 1.4

Output 1.4: Six online anonymous information/outreach sessions on conflict and mental health are made available to young men and women, using digital resources.	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
1.4.1	**Number of online sessions**	**0**	**6**	**6 online webinars and 20 podcast episodes, 4 videos**	**6 online webinars and 20 podcast episodes, 4 videos**	
1.4.2	**Number of participants in online sessions**	**N/A**	**180 (of which at least 40% are women/girls)**	**271 (221F, 36M, 14 non-identified) participants of webinars.** **778 listeners of podcasts**	**271 (221F, 36M, 14 non-identified) participants of webinars.** **778 listeners of podcasts**	**It is not possible to identify the sex of the podcast listeners**
1.4.3						

» Output 1.5

Output 1.5:	Performance Indicators _Describe the indicator_	Indicator Baseline _State the baseline value of the indicator_	End of Project Indicator Target _State the target value of the indicator at the end of the project_	Indicator progress for reporting period _State the current value of the indicator for the reporting period_	Indicator progress to date _State the current cummulative value of the indicator since the start of the project_	Reasons for Variance / Delay (if any) _Explain why the indicator is off track or has changed, where relevant_
1.5.1						
1.5.2						
1.5.3						

	Performance Indicators	Indicator Baseline	End of Project Indicator Target	Indicator progress for reporting period	Indicator progress to date	Reasons for Variance

» Outcome 2: Young women and men will have greater access to MHPSS support and referral pathways through gender-sensitive self-support groups and increased capacity of mentors and psychologists, through a survivor-centered approach.

Outcome 2	Performance Indicators	Indicator Baseline	End of Project Indicator Target	Current Indicator progress	Reasons for Variance/ Delay (if any)
2.1	**Level of satisfaction of people with mental health and psychosocial problems and/or their families regarding the care they received**	**0**	**60% of respondents (including at least 60% of women/girls) report increase in satisfaction relative to project baseline by endline**	**89.3 % (of which 80.9% are women)**	
2.2	**Number of young women and men in the selected locations who were referred to the gender-sensitive self-support groups from other service providers/centers**	**0**	**1-2 members per group**	**2-3 members per group**	
2.3	**Percentage of mentors trained on MHPSS issues who report increased confidence in their understanding of mental health and peacebuilding issues in their communities and on appropriate methodologies for addressing them**	**0**	**80% of mentors (including at least 80% of women)**	**92.9%**	**The anonymous perception survey of mentors did not include a question on gender**

How many outputs does outcome 2 have?

1   2   3   4   5   more than 5.

Please list up to 5 of most relevant outputs for outcome 2

Output 2.1

Two-day induction trainings for mentors in Bishkek (for participants from the north – Bishkek, Chui, Issyk-Kul) and Osh (for participants from the south – Osh/Batken) covering introduction to project, mental health issues, gender/conflict sensitivity, context analysis findings

Output 2.2

Two 2-day trainings on mental health for all mentors together – one in Osh and one in Bishkek (both to be held soon after the induction training). Topics will cover more in-depth mental health training, psychology, methodology for self-support groups, issues around sensitivities/confidentiality, communications, ongoing support from partners

Output 2.3

15 self-support groups (approximately 3 per location) formed and with clearly defined themes to address

Output 2.4

6 monthly supervision visits by psychologists to support mentors

Output 2.5

Other Outputs

If Outcome 2 has more than 5 outputs, please enumerate the remaining outputs here

For each output, and using the, project results framework, provide an update on the progress made against 3 most relevant output indicators

» Output 2.1

Output 2.1: Two-day induction trainings for mentors in Bishkek (for participants from the north – Bishkek, Chui, Issyk-Kul) and Osh (for participants from the south – Osh/Batken) covering introduction to project, mental health issues, gender/conflict sensitivity, context analysis findings	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*

2.1.1	Number of mentors participating in two-day induction training	0	30 (15F, 15M)	0	29 (20F, 9M)	More women applied for mentorship (86 out of a total of 105), and more women were successful in the selection process (including test and interview)
2.1.2						
2.1.3						

» Output 2.2

Output 2.2: Two 2-day trainings on mental health for all mentors together – one in Osh and one in Bishkek (both to be held soon after the induction training). Topics will cover more in-depth mental health training, psychology, methodology for self-support groups, issues around sensitivities/confidentiality, communications, ongoing support from partners	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
....	....	....	....	....	....	....

2.2.1	**Number of mentors participating in two-day mental health trainings**	0	30 (15F, 15M)	29 (20F, 9M)	
2.2.2					
2.2.3					

» Output 2.3

Output 2.3: 15 self-support groups (approximately 3 per location) formed and with clearly defined themes to address	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
2.3.1	**Number of self-support groups formed**	0	15	0	15	
2.3.2	**Number of members of self-support groups**	0	150	2029	2029 (1790 F/239 M)	
2.3.3						

» Output 2.4

Output 2.4: 6 monthly supervision visits by psychologists to support mentors	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
2.4.1	**Number of monthly supervision visits by psychologists**	**0**	**6 per group**	**6 per 15 groups, 2 per 4 groups, 2 per 6 groups**	**6 per 15 groups, 2 per 4 groups, 2 per 6 groups (110 supervisions in total)**	
2.4.2						
2.4.3						

» Output 2.5

Output 2.5:	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
2.5.1						
2.5.2						
2.5.3						

» Outcome 3: Youth-led self-support groups and their mentors have increased capacity to address mental health issues, participate in decision making and peacebuilding responses in their communities and advocate with authorities for more youth- and gender-sensitive approaches to mental health and other peace and security priorities of young people.

Outcome 3	Performance Indicators	Indicator Baseline	End of Project Indicator Target	Current Indicator progress	Reasons for Variance/ Delay (if any)
3.1	**Percentage of mentors who report an increase in self-support groups' capacities to address their MHPSS needs beyond the project lifetime**	**TBC**	**80%**	**85.7%**	
3.2	**Percentage of youth groups that proceed to implement their own action plans**	**N/A**	**80%**	**80% (12 action plans out of 15 self-support groups)**	
3.3	**Examples of significant outcomes from action plan implementation**	**N/A**	**Example outcomes demonstrate youth's MHPSS needs, including gender- and age-specific needs, being effectively addressed**	**13 outcomes from action plans**	

How many outputs does outcome 3 have?

1　　　　2　　　　3　　　　[4]　　　　5　　　　more than 5.

Please list up to 5 of most relevant outputs for outcome 3

Output 3.1

5-10 action plans and/or awareness raising campaigns developed and implemented by mentors and self-support group participants (supported by project partners).

Output 3.2

Quarterly exchange experience meetings for mentors to encourage sharing learning and lessons from the youth led self-support groups.

Output 3.3

MHPSS expert working group composed of mentors and project partners is established, to agree on issues to advocate/communicate on (including via digital networks), drawing on lessons and analysis gathered throughout the project (referral mechanisms, self-support group sustainability, youth-friendly mental health services, legislation, access to MHPSS services)

Output 3.4

1 roundtable session led by the MHPSS expert working group to engage/seek support from government actors (e.g., MOH, Ministry of youth, Ministry of Internal Affairs, juvenile police inspectors, neighborhood inspectors, ayil okmotu heads) on the issues identified as MHPSS priorities for young women and men in the self-support groups. Short briefing produced, showcasing the main lessons learned and advocacy messaging to promote/scale the project in other locations/ensure sustainability and replication.

Output 3.5

Other Outputs

If Outcome 3 has more than 5 outputs, please enumerate the remaining outputs here

For each output, and using the, project results framework, provide an update on the progress made against 3 most relevant output indicators

» Output 3.1

Output 3.1: 5-10 action plans and/or awareness raising campaigns developed and implemented by mentors and self-support group participants (supported by project partners).	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
3.1.1	**Number of action plans and/or awareness-raising campaigns developed by self-support groups**	0	5-10	12	12	
3.1.2						
3.1.3						

» Output 3.2

Output 3.2: Quarterly exchange experience meetings for mentors to encourage sharing learning and lessons from the youth led self-support groups.	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
3.2.1	**Number of mentors attending quarterly experience meetings**	**0**	**15 (50% women 50% men)**	**17 (11F, 6M) in September 2022, 17 (6m/11f) mentors in November 2022,** **12 (4m/8f) mentors in February 2023** **Average: 15 mentors**	**17 (11F, 6M) in September 2022, 17 (6m/11f) mentors in November 2022,** **12 (4m/8f) mentors in February 2023** **Average: 15 mentors**	
3.2.2						
3.2.3						

» Output 3.3

Output 3.3: MHPSS expert working group composed of mentors and project partners is established, to agree on issues to advocate /communicate on (including via digital networks), drawing on lessons and analysis gathered throughout the project (referral mechanisms, self-support group sustainability, youth-friendly mental health services, legislation, access to	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*

MHPSS services)						
3.3.1	**Number of meetings of MHPSS expert working group**	**0**	**5 meetings (online and in-person)** **15 months: 2** **18 months: 5**	**5 meetings (3 offline and 2 online**	**5**	
3.3.2						
3.3.3						

» Output 3.4

Output 3.4: 1 roundtable session led by the MHPSS expert working group to engage/seek support from government actors (e.g., MOH, Ministry of youth, Ministry of Internal Affairs, juvenile police inspectors, neighborhood inspectors, ayil okmotu heads) on the issues identified as MHPSS priorities for young women and men in the self-support groups.	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*

Short briefing produced, showcasing the main lessons learned and advocacy messaging to promote /scale the project in other locations /ensure sustainability and replication.						
3.4.1	**Number and description of government actors (institutions) engaged through roundtable session**	0	10 institutions represented	**5 government actors (Ministry of Education and Science, Ministry of Health, Ministry of Internal Affairs, Ministry of Culture, Information, Sports and Youth Policy, Ministry of Labour, Social Security and Migration) and 6 CSOs**	**5 government actors (Ministry of Education and Science, Ministry of Health, Ministry of Internal Affairs, Ministry of Culture, Information, Sports and Youth Policy, Ministry of Labour, Social Security and Migration) and 6 CSOs**	**The roundtable session was in July, which is the time of summer vacations in government agencies, that is why some institutions were not present however they were members of the expert working group (Assistants of MPs, Mayor's Office, LSGs of some communities**

3.4.2	Number of briefings produced	0	1	1	1	
3.4.3	Number of key stakeholders and decision-makers reached through outreach and dissemination	0	200	52 participants of the roundtable, 152 participants of the Youth Forum in Bishkek	202	

» Output 3.5

Output 3.5:	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
3.5.1						
3.5.2						
3.5.3						

» Outcome 4:

Outcome 4	Performance Indicators	Indicator Baseline	End of Project Indicator Target	Current Indicator progress	Reasons for Variance/ Delay (if any)
4.1					
4.2					
4.3					

How many outputs does outcome 4 have?
1　　　2　　　3　　　4　　　5　　　more than 5.

Please list up to 5 of most relevant outputs for outcome 4

Output 4.1

Output 4.2

Output 4.3

Output 4.4

Output 4.5

Other Outputs
If Outcome 4 has more than 5 outputs, please enumerate the remaining outputs here

For each output, and using the, project results framework, provide an update on the progress made against 3 most relevant output indicators

....

» Output 4.1

Output 4.1:	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
4.1.1						
4.1.2						
4.1.3						

» Output 4.2

Output 4.2:	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
4.2.1						
4.2.2						
4.2.3						

» Output 4.3

Output 4.3:	Perform ance Indicator s *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reportin g period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
....	....	....	....	....	....	....
4.3.1						
4.3.2						
4.3.3						

» Output 4.4

Output 4.4:	Perform ance Indicator s *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reportin g period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
....	....	....	....	....	....	....
4.4.1						
4.4.2						
4.4.3						

» Output 4.5

Output 4.5:	Performance Indicators *Describe the indicator*	Indicator Baseline *State the baseline value of the indicator*	End of Project Indicator Target *State the target value of the indicator at the end of the project*	Indicator progress for reporting period *State the current value of the indicator for the reporting period*	Indicator progress to date *State the current cummulative value of the indicator since the start of the project*	Reasons for Variance / Delay (if any) *Explain why the indicator is off track or has changed, where relevant*
4.5.1						
4.5.2						
4.5.3						
If the project has more than 4 outcomes, use this space to describe progress on progress on indicators for the remaining outcomes						*

PART III: Cross-Cutting Issues

Is the project planning any significant events in the next six months? (eg. national dialogues, youth congresses, film screenings, etc.)

If yes, please state how many, and for each, provide the approximate date of the event and a brief description, including its key objectives, target audience and location (if known)	Event Description	Tentative Date	Location	Target Audience	Event Objectives (900 characters)
Event 1					
Event 2					
Event 3					
Event 4					

Human Impact

This section is about the human impact of the project. Please state the number of key stakeholders (including but not limited to: Civil Society Organziations, Beneficiaries, etc.) of the project, and for each, please briefly describe:

i. The challenges/problem they faced prior to the project implemantation
ii. The impact of the project in their lives
iii. Provide, where possible, a quote or testimonial from a representative of each stakeholder group
This is an optional question. You may leave it unanswered if not relevant

Human Impact	Type of stakeholder	What has been the impact of the project on their lives?	Provide, where possible, a quote or testimonial from the stakeholder
1	**Mukhtarbekov Bektur (a member of the self-support group in Razzakov city)**	**Following participation at the SSG meetings, Mukhtarbekov Bektur improved relations between his family members, and now successfully facilitates self-support groups in Batken**	**At the final stage, Bektur conducted a group lesson at home with parents and relatives. In his own words: "In our family, I was the most rebellious child, participating in the SSG worked out my restlessness and resisting "everything" behavior. I realized that I have leadership qualities and need to be redirected positively, so I decided to plan how to get closer with loved ones, I included reading books and their stories together, drawing lessons, watching movies in my plans. That is, all the work that I cannot do due to my restlessness. As soon as I promised myself to work on my soft skills, the atmosphere at home began to improve."**

2	**Burkhanova Gulzada - assistant mentor in Osh city**	**During her work in the project, Gulzada Burkhanova increased her capacity in psychological counselling for survivors of gender-based violence and group facilitation. After conducting self-help groups, she gained confidence to start a blog on Instagram to inform wider community about the importance of mental health. After the end of the project, the mentor, on her own initiative, continued providing psychological counselling and psychosocial assistance through the development of her personal blog and posted a series of posts related to mental health. She now raises the issue of the importance of promoting issues of psychological health in the life and activity of young people, in their participation in solving social, economic and political problems of society.**	
3	**Zhamilya M. a school student of the secondary school №1 in Sokuluk (Chui region)**	**Within the outreach campaign implemented in Sokuluk, mentor organized forum-theatre and involved youth as the participants, and organised for them courses on acting raising issues of young people. Following participation and watching forum-theatre organised within one of the outreach campaigns, Zhamilya managed to discuss with her parents the choice of her profession and convince them to support her choice.**	
4			

In addition to the stakeholder specific impact described above, please use this space to describe any additional human impact that the project has had.

Please limit your response to 4000 characters.

During the project, it was revealed that there is a lack of psychologists in Batken province, along with stigma towards MHPSS services among the population. However, as the baseline research showed, mental health support was a priority need due to the post-traumatic stress experienced by people due to the cross-border conflicts. The project responded to this need with three mentors in Batken region providing mental health support during the escalation of the conflict in September 2022. This is a fundamental human impact, as it directly addresses the psychological well-being of individuals facing such challenges.

Radio Free Europe/Radio Liberty in Kyrgyzstan on their own initiative produced a report on the project, with mentor Ulugbek Yunusov and MHPSS services in Batken region raising the above-mentioned issues.

The fact that RFE/RL learned about the project independently and reached out to one of the mentors demonstrates the project's impact beyond its immediate scope. It indicates that the project's activities and outcomes garnered interest and attention from external parties, and can contribute to breaking the stigma around MHPSS services.

Furthermore, the actions of RFE/RL, the mentor, and the project's efforts collectively contribute to a positive feedback loop. Increased awareness and advocacy can lead to more resources and support for mental health services in Batken region.

You can also upload upto 3 files in various formats (picture files, powerpoint, pdf, video, etc.) to illustrate the human impact of the project

OPTIONAL

File 1

OPTIONAL

Click here to upload file. (< 10MB)

File 2

OPTIONAL

Click here to upload file. (< 10MB)

File 3

OPTIONAL

Click here to upload file. (< 10MB)

You can also add upto 3 links to online resources which illustrate the human impact of the project

OPTIONAL

Link 1

OPTIONAL

https://www.instagram.com/p/CnUKL91s7h-/?igshid=MzRlODBiNWFlZA==

Link 2
OPTIONAL
https://www.instagram.com/p/CoXSA5uMv8h/?igshid=MzRlODBiNWFlZA==

Link 3
OPTIONAL
https://www.instagram.com/reel/Cx7M7xkNasz/?igshid=MTc4MmM1YmI2Ng%3D%3D

Please tick the applicable change based on above narrative.

How we worked:　　　　　　　　　　　　　　　　　　*
Please select up to 3.

- [ ] Enhanced digitization
- [ ] Innovative ways of working
- [ ] Mobilized additional resources
- [ ] Improved or initiated policy frameworks
- [ ] Strengthened capacities
- [x] Partnered with with local/grassroots Civil Society Organizations
- [ ] Expanding coalitions & galvanizing political will
- [ ] Strengthened partnerships with IFIs
- [ ] Strengthened partnerships with UN Agencies

Please explain
Please limit your response to 3000 characters.

Please explain
Please limit your response to 3000 characters.

Please explain
Please limit your response to 3000 characters.

Who are we working with (in addition to the implementing partners)   *

- ☐ Strengthened partnerships with IFIs
- ☐ Strengthened partnerships within UN Agencies
- ☑ Partnered with local civil society organizations
- ☐ Partnered with local academia
- ☐ Partnered with sub-national entities
- ☐ Partnered with national entities
- ☐ Partnered with local volunteers

Please explain
Please limit your response to 3000 characters

Leave No one Behind

Select all beneficiaries targeted with the PBF resources as evidenced by the narrative   *
Mandatory

- ☐ Unemployed persons
- ☑ Minorities (e.g. race, ethnicity, linguistic, religion, etc.)
- ☐ Indigenous communities
- ☑ Persons with Disabilities
- ☑ Persons affected by violence (e.g. GBV)
- ☑ Women
- ☑ Youth
- ☐ Children
- ☐ Minorities related to sexual orientation and/or gender identity and expression
- ☑ People living in and around border areas
- ☐ Persons affected by natural disasters
- ☑ Persons affected by armed conflicts
- ☑ Internally displaced persons, refugees or migrants

PART IV: Monitoring, Evaluation and Compliance

» Monitoring

Please list key monitoring activities undertaken in the reporting period *

Please limit your response to 3000 characters.

1. Monthly reports from mentors: Mentors provide regular updates on the dynamics of the self-support groups, including the number of participants, topics discussed in meetings, and any observable behavioural changes among group members, during site visits by staff and partners.

2. Outcome Harvesting: On April 24-25 2023, and 2 August 2023.

Saferworld conducted an Outcome Harvesting session. During this session, the project team and mentors engaged in discussions regarding contextual changes, new challenges, and emerging opportunities for the project. They also shared outcomes or changes in the behavior of the individuals the project seeks to influence.

3. Perception surveys: The project team, mentors, and members of the self-support groups participated in perception surveys. These surveys aim to evaluate the impact of the project by gathering feedback and perspectives from key stakeholders.

4. Activity reports after the completion of each activity. Activity reports analyse the rationale behind each activity, impact, challenges and recommendations, and they summarize what have been done during the output.

5. Baseline research, which helped to indicate youth mental health needs and priorities in Kyrgyzstan, and made the project team plan the activities accordingly.

6. Interviews of mentors, as well as photo reports. While interviewing mentors the project team learned the attitude of community members towards the project activities, pros and cons of the activities as well as ideas to adapt the interventions better and effectively to the context.

Do outcome indicators have baselines? *

If only some of the outcome indicators have baselines, select 'yes'

- ⦿ Yes
- ◯ No

If yes, please provide a brief description. If not, explain why not and when they will be available. *

Please limit your response to 3000 characters.

The baseline report and accompanying survey examined the mental health challenges faced by young individuals, psychological barriers they encounter, the availability of psychosocial support, and the living conditions and safety concerns in six targeted provinces. The baseline assessment revealed the key mental health priorities identified by the surveyed young people. Data for the baseline research was collected through an online questionnaire using snowball sampling, involving young individuals aged 18 to 28. More than 900 participants (182 males and 721 females) took part in the online survey. Specifically, the baseline assessment delved into topics such as domestic violence, bullying, sexual harassment and violence, substance abuse, trauma, perspectives on social and economic issues, as well as the resources for youth development and access to psychological support services.

Elaborate on what sources of evidence have been used to report on indicators (and are available upon request)   *

Please limit your response to 3000 characters.

1. Bi-Annual report of Saferworld where the program updates from October 2022 to March 2023, and October 2023 are given, as well as contextual changes and outcomes harvested during that period. 2. Outcome Harvesting forms completed by implementing partners and mentors of the project. 3. Surveys evaluated mentors' perceptions on the skills of the self-support group members to address their mental health priorities beyond the project. 4. Survey of the project team on the impact of the project on their level of knowledge related to the MHPSS needs of young people. 5. Survey of members of the self-support groups who reported about the groups and their skills and knowledge. 6. Registration lists, where we can see how many stakeholders and government agencies took part in the advocacy efforts. 7. Social Media analysis, where the team came across the reporting of RFE/RL.

Has the project launched outcome level data collection initiatives? e.g. perception surveys   *

(●) Yes

( ) No

Please provide a brief description   *

Please limit your response to 3000 characters.

The project team, mentors, and members of the self-support groups participated in perception surveys. These surveys aim to evaluate the impact of the project by gathering feedback and perspectives from key stakeholders. Specifically, the surveys evaluated 1) mentors' perceptions on the skills of the self-support group members to address their mental health priorities beyond the project, 2) the impact of the project on the project team's level of knowledge related to the MHPSS needs of young people, and 3) the skills and knowledge of members of the self-support groups. To supplement this, the outcome harvesting workshop collected changes in behaviours that were observed by stakeholders over the course of the project

Has the project used or established community feedback mechanisms?   *

( ) Yes

(●) No

Please provide a brief description   *

Please limit your response to 3000 characters.

» Evaluation

Is the project on track to conduct its evaluation?   *

( ) Yes

( ) No

(●) Not Applicable

Evaluation budget (in USD) included in the project budget: *

Response required

0

If project will end in next six months, and the overall project budget is above USD 1.5 million, is your upcoming evaluation on track?

◯ Yes

◯ No

⦿ Not Applicable

Please describe the preparations

Please limit your response to 3000 characters.

Contact information	Name	Organization	Job title	Email
Please mention the focal person responsible for sharing the final evaluation report with the PBF:				

» Catalytic Effect

Catalytic Effect (financial): Has the project mobilized additional non-PBF financial resources to date? *

⦿ Yes

◯ No

How many funders has the project received additional non-PBF funding from? *

1

1

Indicate name of funder and amount of additional non-PBF funding support that has been leveraged by the project since it started.

Please enter each funding agent and their contributions separately

Name of Funder *

Chynhyz Rysov - Mayor of Razzakov city (Batken province)

Amount in USD *

35

Catalytic Effect (non-financial): Has the project enabled or created a larger or longer-term peacebuilding change to occur, in addition to the direct project changes? *

● Yes

○ No

If yes, please select the relevant option below: *

● Some catalytic effect

○ Significant catalytic effect

If relevant, please describe how the project has had a (non-financial) catalytic effect, i.e. removed barriers to unblock stalled political, institutional or other peacebuilding processes at different levels in a country, and/or created the conditions to establish new processes to do so *

Please limit your response to 3000 characters.

The project has significantly increased awareness about mental health issues among young people in the Kyrgyz Republic. By conducting a comprehensive baseline report and utilizing innovative platforms such as podcasts and videos, the project has not only highlighted the prevalence of mental health challenges but also demonstrated the link between mental health and peacebuilding. This awareness has the potential to influence broader peacebuilding strategies and interventions, recognizing the role of mental health in conflict prevention and resolution.

The project equipped the project team, implementing partner staff, and 29 mentors with enhanced knowledge and skills related to mental health and psychosocial support. This capacity-building extends beyond the project's scope and can support future research, programs, and advocacy efforts within and outside the UN system. The continued activities of the Institute for Youth Development (IYD), particularly through social media and podcasts, contribute to ongoing knowledge dissemination.

The establishment of self-support groups as peer-to-peer support networks and referral mechanisms goes beyond offering MHPSS support. These groups recognize the interconnectedness of mental health and conflict resolution, making them a valuable model for other regions or countries seeking to address similar challenges.

The active involvement of local authorities in Osh and Batken, where they requested training on self-support group methodology, demonstrates the sustainability potential of these groups. This interest from local authorities may serve as an example for other regions looking to engage with their local governance structures to promote mental health and peacebuilding initiatives.

The establishment of an expert working group, exchange visit of Uzbekistani experts and activists happened in July 2023 showcase the power of collective action in addressing mental health issues. This can serve as a model for other countries facing similar challenges, encouraging a multisectoral approach to mental health care and youth well-being.

In summary, the project's non-financial catalytic effects extend to multiple areas, from raising awareness and knowledge transfer to promoting peer-to-peer support networks, involving local authorities, and advocating for mental health at various levels.

Sustainability

Does the project have an explicit exit strategy?

Please describe any steps that have been taken to ensure the sustainability of peacebuilding gains, including any mechanisms, platforms, networks and socio-economic initiatives supported, beyond the duration of the project   *
Please limit your response to 3000 characters.

In the communities of Osh and Batken province where the self-support groups were established, social workers expressed their willingness to learn about the basics of psychology, providing psychological support via group sessions, and the self-support group methodology. On 2-3 June, 21 (19 women/ 2 men) school counselors, social workers, leaders of self-support groups and entrepreneurs from Osh and Batken provinces were trained in providing psycho-social support for young men and women. As a result, the self-support groups still operate in five communities and 2 educational institutions. They are:

1. Osh State University

2. Mirakhmudov village of Nookat District, Osh province

3. Bel village of Nookat District, Osh province

4. Mady village of Kara-Suu District, Osh province

5. City of Kara-Suu, Osh province

6. City of Batken

7. Samarkandek village in Batken Region

It was decided by the participants to establish and sustain the self-support groups beyond the project. This effort contributes to the sustainability of the project, since these participants will continue to provide mental health assistance to young people.

During the project, the mentors together with the team built networks with educational institutions, where some mentors facilitated the group meetings. After the project completion those groups in Osh State University and Batken Pedagogical College have continued their meetings and work beyond the duration of the project.

Many mentors report that the self-support groups methodology was innovative but effective to discuss issues and concerns of young women and men, and many mentors such as Ulugbek Yunusov, Cholponai Talantbek kyzy, Altynai Abdysheva and Nurzhamal Torobai kyzy use this method in their own work.

The project made a substantial contribution to raising awareness among civil society, authorities and communities about the importance of mental health in peacebuilding and conflict resolution. For instance, during the Yntymak Week (Peace Week) Saferworld led the session on the importance of MHPSS and trauma-sensitivity in peacebuilding, and the project team discussed MHPSS services in peacebuilding through the example of the project for global Saferworld staff.

Are there any other issues concerning project implementation that you want to share, including any capacity needs of the recipient organizations?
Please limit your response to 3000 characters.

Monitoring and Oversight Activities

Please describe any key event related to monitoring and oversight. Please click next if no activities have yet taken place.

Events include Steering Committee meetings, Monitoring visits, Third party monitoring, Community based monitoring, any data collection, Perception or other survey findings, evaluation reports, audit or investigations.

Monitoring and oversight activities	Name of the Event	Summary	Key Findings
Event 1	**A survey among Saferworld staff and partners**	**Aim: to find out how participation in the implementation of the project has increased their knowledge about the mental health and psychosocial support needs of young people.**	**The survey conducted among project partners revealed positive outcomes regarding their knowledge and understanding of the needs of young people in terms of mental health and psychosocial support. The majority of respondents reported an increase in their knowledge through project participation, with many expressing a desire to further study and work in this field. Additionally, partners acknowledged the project's significant contribution to improving youth access to mental health and psychosocial support. Overall, the findings demonstrate the project's effectiveness in enhancing understanding, providing direction, and making a positive impact on addressing the needs of young people in this critical area.**

Event 2	**Survey among members of 15 self-support groups**	**Aim: to identify the usefulness of self-support groups in addressing mental health problems or issues. The survey aimed to assess the impact of the self-support groups on members and determine their level of satisfaction and effectiveness in addressing their challenges.**	**In summary, the survey findings indicate that the majority of respondents were females, primarily within the age range of 18-24. The self-support groups were generally perceived as helpful, with a significant portion of participants finding it completely helpful or useful enough. Participating in the groups was predominantly rated as good to excellent in terms of addressing personal mental problems or issues. These findings highlight the positive impact and effectiveness of the self-support groups in supporting individuals and addressing their challenges.**

Event 3	**Survey of mentors**	**Aim was to: 1. Assess the mentors' confidence and understanding of mental health and peacebuilding issues in the communities of the self-support groups. 2. Determine the mentors' opinions on the ability of SSG participants to address their mental health needs after the project's completion. 4. Measure the perceived improvements in SSG participants' ability to meet their mental health needs after participating in the project. 5. Assess the mentors' perception of SSG participants' confidence in addressing their mental health issues. By collecting this information, the survey aimed to understand the mentors' confidence and knowledge levels, as well as their perceptions of the project's impact on SSG participants' mental health needs and overall satisfaction. The objectives provided insights into the effectiveness of the project and helped identify areas for improvement or further support.**	**The survey results show that participants had varying levels of confidence and knowledge regarding mental health and peacebuilding issues in the communities. Most mentors felt confident in their understanding, while some had partial certainty. The majority rated their knowledge of methodologies for addressing mental health issues and peacebuilding as good or excellent. Opinions were divided on the ability of self support group (SSG) participants to address their mental health needs after project completion, with an equal split between those who believed they could and those who thought additional support would be necessary. However, there were positive outcomes, as most mentors recognized excellent improvements in SSG participants' ability to meet their mental health needs. Furthermore, a significant portion of respondents believed that SSG participants would be confident enough to address their mental health issues. Overall, the survey highlights mentors' confidence and knowledge in mental health and peacebuilding, along with positive improvements in SSG participants' ability to address their mental health needs.**
Event 4	**Survey of mentors**		
Event 5			

Event 6			
Event 7			
Event 8			

Final Steps

- Please save a pdf copy of the form by clicking on the *Printer* icon on the top right corner of the page.
- A dialogue box will appear: Please select the A4 size and portrait orientation.
- Click "prepare" and save the document as a PDF
- (If on first attempt, the generated page is not readable, close the pop up page and go back to the first page of the online form using the "Return to Beginning" option and try to print the PDF version from there)
- After printing the PDF version, please submit the report in the last page of the form. You can use the "Go to End" button in the bottom right corner.
- **Please upload the pdf version of the report as well as your financial report in excel format on the MPTF-O gateway.**

If you encounter any difficulty in filling the form or generating the print-out for MPTFO gateway, please contact Gabriel Velastegui gabriel.velasteguimoya@un.org

Thank You. You have finished the report. Please Click on the SUBMIT button below. When the report is submitted, a confirmation note will appear on a yellow banner on top of the page. This can take a few seconds.